

WALTHAM FOREST THUSO



IN SOUTH AFRICA



Join the 2015 Thuso sponsored bike ride

to raise money for solar lamps in South Africa

**Sunday 20 September ★ 10am Start
from Walthamstow
Choose to ride 10 to 40 miles**

Up to 40% of South Africans still use kerosene for heating, lighting and cooking – a highly-flammable and toxic fuel. Others rely on torches with expensive batteries for emergencies.

Now a new generation of cheap, high-performing solar lights can provide clean, safe lighting and phone charging – and require no specialist installation or maintenance.

The 2014 sponsored bike ride paid for the first batch of 50 solar lanterns to be sent to children and their families at Lobethal primary school in rural Limpopo Province. Help us raise money to fund more solar lamps – because children without light can't study!

Join our bike ride and enjoy a great day out, keep fit, and raise money to buy solar lamps for school children in rural South Africa

For more information contact Gerard on: gerardomastamilsom@yahoo.co.uk or 07931 337202